# Find the Health and Well-being Resources You Need

# Need help with job or housing? Looking for parenting resources? Want to take a yoga class?

Stanwood-Camano.org is a hyper-local well-being resource hub, created in partnership with Providence Institute for a Healthier Community. It features community resource listings and simple search tools that make it easy for you to connect with local health and well-being resources in the Stanwood-Camano area.

#### Who should use LiveWellLocal.org?

- Individuals and families in the community seeking well-being opportunities.
- Providers in their efforts to help others connect to community well-being resources or to make their specific programs/ resources available to our community.
- Organizations who want to promote well-being and improve population health.

#### To start finding resources, please visit:

www.Stanwood-Camano.org

#### **Become a Listing Partner**

If you're a provider who would like to add a listing, go to pihccommunity.org to get started.

# Resource Hub Features



## BUILT BY THE COMMUNITY, FOR THE COMMUNITY

- LiveWellLocal.org is crowd-sourced, meaning it is both created and maintained by the local community.
- The Stanwood-Camano custom community page is hyper-local, meaning it features listings specifically in the Stanwood-Camano area.



## ORGANIZED AROUND WHAT MATTERS TO YOU

LiveWellLocal.org is organized around Six Dimensions of Health. These dimensions were defined by the community.

- 1. Relationships and Social Connections.
- 2. Mental/Emotional & Spiritual Health.
- 3. Neighborhood & Environment.
- 4. Physical Health.
- 5. Security & Basic Needs.
- 6. Work/Learning & Growth.



